



Motor Relearning Program and Progressive Resistance Exercise in stroke

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Taschenbuch. Book Condition: Neu. 220x150x5 mm. This item is printed on demand - Print on Demand Neuware - Stroke is one of the leading cause of disability worldwide. The resultant is motor weakness which adversely affects the functional activities. The arm recovery after stroke is typically poor with 20% 80% of patients showing incomplete recovery depending on the initial impairment. The upper limb dysfunction is characterized by paresis, loss of manual dexterity and movement abnormalities that may impact considerably on the performance of the ADL with the recovery being poor and ranging from 20%-80% depending on the initial impairment. Neurorehabilitation approaches and various therapeutic techniques have evolved over the years from muscle reeducation in the 1940s to the neurophysiological/neurodevelopmental approaches in the 1950s and 1960s including NDT, Movement Therapy in Hemiplegia, PNF and sensory stimulation techniques, functional/task specific training, strength training, constraint induced movement therapy and so on. in this study Motor Relearning program and Progressive Resistance Exercise is being compared to find out the their effectiveness in upper limb function in hemiplegics. 80 pp. Englisch.

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