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Introduction to Athletic Training (Mixed media product)

By Susan Kay Hillman

Human Kinetics Publishers, United States, 2004. Mixed media product. Book Condition: New. 2nd Revised edition. 282 x 216 mm. Language: English . Brand New Book. Featuring expanded and updated content, Introduction to Athletic Training, Second Edition, presents both theoretical and practical information on the duties of an athletic trainer as part of a team approach to caring for injured and ill athletes. The book will provide students with a solid background in athletic training so that they can develop their skills and both succeed and advance in their training and courses. Introduction to Athletic Training, Second Edition, is the perfect guide for athletic trainers striving to keep their athletes healthy and injury free. Part of Human Kinetics Athletic Training Education Series, the text not only provides the information on the role of an athletic trainer in caring for injured and ill athletes, but it also considers both the prevention and management of injuries and illnesses. It spans many topics, including professionalism in athletic training, risk factors in sport participation, preparticipation physical exams, fitness testing, strength and conditioning, preventive efforts including environmental concerns and protective devices, and emergency care. The second edition includes many updates and improvements: -A revised chapter on pharmacology...



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