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The Little Book of Kindness

By Lois Blyth

Ryland, Peters & Small Ltd. Hardback. Book Condition: new. BRAND NEW, The Little Book of Kindness, Lois Blyth, This inspirational and uplifting collection of quotes and stories is a celebration of kindness in all its guises There are many types of kindness: compassion, forgiveness, love, friendship, generosity, happiness, hope and gratitude. Kindness has a kind of magic about it. The smallest gesture can have a powerful and memorable impact on the person on the receiving end - and there are also many benefits to the person who is being kind. Unexpected kindness can turn despair into joy, friendship into love, duty into gratitude and the wonder of it is that it often triggers further acts of kindness, so the goodwill spreads and the energy continues. This beautifully illustrated book has been created as a gift of kindness that is a joy to give as well as receive and will enrich the life of whoever reads it. As the Greek writer Aesop said, 'No act of kindness, no matter how small, is ever wasted.'.



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