



Who Are You? Really!: A Travel-guide to Life

By Stuart Rose

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Who Are You? Really!: A Travel-guide to Life, Stuart Rose, "Who Are You? Really!" is a book about becoming happier. It's a workbook of very deep self-analysis. It's not a psychotherapy but broader, more expansive. This book's whole purpose is for greater well-being and happiness, to reduce or end the miseries which exist in most people's lives. This book is a comprehensive spiritual book without dogma, without highfalutin terms, yet one portraying an infinite depth where all may go because all have greatest happiness within. What's said is not guesswork, not just another outpouring from someone who ought to know better. What is said is based on ancient, timeless wisdom which has been verified by the experience of the greatest sages that have ever lived and the editor has been guided, and this text authorized, by a living exponent of this wisdom.

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