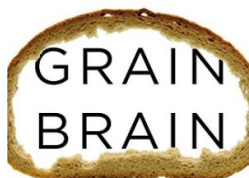


## Grain Brain: The Surprising Truth about Wheat, Carbs, and Sugar--Your Brains Silent Killers

*The Surprising Truth About Wheat, Carbs,  
and Sugar--Your Brain's Silent Killers*



DAVID PERLMUTTER, MD  
*Author of The Better Brain Book*  
WITH KRISTIN LOBERG



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### Book Review

Very helpful to all category of folks. It is actually rally exciting through studying time. I am easily will get a delight of looking at a created ebook.

(Prof. Isaiah Harber)

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